

THE ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

CITY OF LONDON LUNATIC ASYLUM,

AT

STONE, NEAR DARTFORD,

IN THE COUNTY OF KENT.

January Quarter Sessions, 1867.

7

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COMMITTEE OF VISITORS.

Appointed by the Court of Quarter Sessions, January 1866.

SAMUEL WILSON, Esq., Alderman, Chairman.

The Right Hon. the LORD MAYOR.

WILLIAM TAYLOR COPELAND, Esq., Alderman.

SIR JAMES DUKE, Bart., Alderman.

SIR JOHN MUSGROVE, Bart., Alderman.

THOMAS CHALLIS, Esq., Alderman.

THOMAS SIDNEY, Esq., Alderman.

SIR FRAS. GRAHAM MOON, Bart., F.S.A., Alderman.

DAVID SALOMONS, Esq., M.P., Alderman.

THOMAS QUESTED FINNIS, Esq., Alderman.

SIR ROBERT WALTER CARDEN, Knight, Alderman.

JOHN CARTER, Esq., F.A.S. and F.R.A.S., Alderman.

WILLIAM ANDERSON ROSE, Esq., Alderman.

WILLIAM LAWRENCE, Esq., M.P., Alderman.

WARREN STORMES HALE, Esq., Alderman.

The Right Hon. RUSSELL GURNEY, Q.C., M.P., Recorder.

THOMAS GABRIEL, Esq., Alderman.

WILLIAM FERNELEY ALLEN, Esq., Alderman.

JOHN JOSEPH MECHI, Esq., Alderman.

JAMES ABBISS, Esq., Alderman.

JAMES CLARKE LAWRENCE, Esq., Alderman.


THOMAS DAKIN, Esq., Alderman.

ROBERT BESLEY, Esq., Alderman.

SYDNEY HEDLEY WATERLOW, Esq., Alderman.

ANDREW LUSK, Esq., M.P., Alderman.

DAVID HENRY STONE, Esq., Alderman.



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City of London Lunatic Asylum,

STONE, NEAR DARTFORD.

ANNUAL REPORT

OF

THE COMMITTEE OF VISITORS,

1866.

To Her Majesty's Justices of the Peace for the City of London
in General Quarter Sessions assembled, by adjournment,
at the Guildhall in the said City, on Saturday the 26th
day of January, 1867.

THE Committee of Visitors of the CITY OF LONDON LUNATIC
ASYLUM report—

That the Asylum was opened for the reception of Lunatics on
the 16th of April last.

That the Asylum is in as efficient and perfect state as can
be expected for a new establishment, the Commissioners in Lunacy
have suggested some minor alterations, which have been adopted
by the Committee, and works are now in progress to carry out the
same.

When all the patients had been received, amounting in the
aggregate to 153, of whom 60 were males and 93 females, accom-

modation remained for a larger number of patients, whereupon the Committee entered into a contract with the Committee of Visitors of the Kent County Asylum, for the reception of 40 of their male patients, for a term not exceeding five years nor less than two years, the contract to be determinable by six months' notice on either side after the expiration of the first two years—that contract was duly submitted to one of Her Majesty's principal Secretaries of State (the Right Honourable Spencer H. Walpole), and approved by him.

The Committee, being able to afford still further accommodation and the Kent Committee requiring the same, a second contract for the like period, and determinable in the same manner, has been entered into with them for the reception of any number of patients over and above the forty male patients provided for by the first contract, not exceeding the number for whom the Medical Superintendent shall from time to time certify in writing to the Medical Superintendent of the Kent County Asylum that there is proper and adequate accommodation, with a proviso that in the event of such accommodation being required for the patients chargeable upon the County of the City of London, or upon the several Unions in the City, that the Committee of Visitors of the Kent County Asylum shall, at their own cost and charge, remove the patients who are the subject of this second contract or such number of them as may be necessary, from and out of the Asylum. This contract has been submitted to Mr. Secretary Walpole and approved by him.

The Committee have much pleasure in stating that the general health of the patients has been highly satisfactory.

Since the opening of the Asylum 3 males and 2 females have been discharged cured, and 2 males and 1 female have died (particulars of the causes of death will be found in the Medical

Superintendent's Report appended), leaving in the Asylum on the 31st ultimo 211 patients, of which number 107 were males and 104 females.

Two criminal lunatics were, under the authority of the Secretary of State, sent to the Asylum at the cost of the City; directions were given to the City Solicitor to make enquiries as to their places of legal settlement; those have been ascertained, and (the Secretary of State not objecting) orders for their maintenance have been made, one upon the parish of St. Pancras in the County of Middlesex, and one upon the Bath Union in the County of Somerset, and the City consequently relieved from the burden of their future maintenance.

The charge for each patient from the opening of the Asylum has been 14s. per week, and in consequence of the continued dearness of many of the articles of general consumption, it is feared that the same cannot be reduced; in fact, it may be necessary to make application to the Court of Quarter Sessions to increase that charge to 15s.

The Commissioners in Lunacy visited the Asylum on the 6th of November last; a copy of a report made by them on that occasion is appended.

The agricultural land adjoining the Asylum has been cultivated, and a large quantity of potatoes and other vegetables have been supplied to the Asylum, and the advisability of erecting sundry farm buildings is now under consideration.

For further information respecting the management, and statistics of the Asylum, the treatment of the patients, the receipt and expenditure of the Committee, reference is made to the Report of the Medical Superintendent, and to the accounts and tables appended.

The Committee have used every means to obtain the most efficient officers, and they have reason to be satisfied with the conduct of the officials generally, and have great pleasure in bearing testimony to the ability of Dr. Jepson, the Medical Superintendent, and to the care and attention he has manifested in the discharge of his duties.

SAMUEL WILSON, *Chairman.*

THOMAS SIDNEY.

THOMAS Q. FINNIS,

ROBT. W. CARDEN.

WM. A. ROSE.

JAS. CLARKE LAWRENCE.

Copy of entry made by
THE COMMISSIONERS IN LUNACY
in the Visiting Book of the Asylum.

CITY OF LONDON ASYLUM,

6th November, 1866.

THIS Asylum was opened for the reception of patients on the 16th April in the present year, and since then 108 men and 104 women have been admitted. Of these, 40 male patients belong to the county of Kent.

Two patients, one of each sex, have been discharged, and two deaths have occurred. One of these was a suicide, the particulars of which have been fully detailed to our board.

The building to-day contains 208 patients, 106 of the male and 102 of the female sex.

We found them generally free from excitement, and no one was in restraint or seclusion. No case of restraint is reported since the opening of the Asylum, but four men and six women have been secluded generally for short periods; the men on four occasions and the women on twenty-six occasions.

Four men and eight women are under medical treatment, but not for serious bodily disorders. The health of the inmates has, since the opening of the Asylum, been very satisfactory, although there have been two or three cases of dysentery on the female side. The night attendant was attacked with the disease, which in her case proved fatal, but no patient died.

A very offensive odour of drains was perceptible in some of the

lower wards on the women's side, and we think that the most active steps should be taken at once to remedy the evil, and that carbolic acid, or some other disinfecting fluid, should be copiously employed.

The wards are clean, and comfortably furnished, and they present a cheerful appearance.

The bedding throughout is clean and of excellent quality. The means for personal washing are abundant, and we are assured that the water in the baths is changed for each patient. With reference to the water supply, however, we regret to hear that, within the last week there has been a sudden and great failure, in consequence, it is supposed, of a very deep well having recently been sunk for the use of a neighbouring penitentiary. This subject demands the immediate attention of the Committee.

The clothing is of good quality, but none has yet been made in the house. We have to suggest that the men should be supplied with suits for Sunday, and that a greater variety of material should be provided for the women, who, during the winter months, should be allowed woollen gowns.

We were present in the dining-hall at dinner time, when there were 64 men and 84 women.

The greatest order and quiet was observed, and the dinner, which consisted of soup, was of good quality.

A dietary table has been drawn up, which, however, has not yet been finally adopted.

The average numbers usefully employed appear to be about 50 of the male and 46 of the female sex. Of these 16 work upon the land, and there are 4 carpenters, 6 shoemakers, &c. Thirteen of the women are regularly engaged in the wash-house and laundry.

There is a fair supply of games and means of amusement in the wards, and balls are held weekly in the hall. A concert has also been given on one or two occasions.

The present staff consists of 13 attendants and 15 nurses. These numbers include the head and night attendants in both divisions, and four laundry maids on the women's side.

The two enclosed airing courts are unfinished, and they require immediate attention, but a great deal has been done in laying out and planting the general grounds, and the work has been done with much taste and judgment.

The open gates to the south have been covered with sheet iron, to prevent annoyance from the public, but inconvenience still arises from the lowness of the wall adjoining the high road.

Sunshades will be needed in all the grounds.

The recommendation formerly made as to the plastering of the day rooms and corridors has not been carried out, and the walls throughout are only whitewashed.

We suggest that until the plastering is done, colouring and paper should be used in the interior; and we also recommend that some of the single rooms for the worst class of patients should be cemented, and the wooden floors covered with some impermeable material.

We again recommend the lowering of the windows in the men's workshops.

Although there are still many minor matters of detail requiring attention, in all important particulars great progress has been made, and considering the short time the building has been opened, we are of opinion that the establishment is in a very creditable and satisfactory state.

W. G. CAMPBELL,	}	Commissioners in Lunacy.
JAMES WILKES,		

THE CITY OF LONDON LUNATIC ASYLUM.

A General Statement of Receipts and Payments from April 9th to December 31st, 1866.

RECEIPTS.				PAYMENTS.			
	£	s.	d.	£	s.	d.	£
To cash for maintenance of patients chargeable to the City of London	580	8	0	By Provisions	1,406	15	7
" Ditto ditto chargeable to the City of London Union	518	7	0	" House and other expenses	997	7	5
" Ditto ditto ditto to the East London Union	808	6	0	" Clothing	1,098	4	2
" Ditto ditto ditto to the West London Union	133	10	0	" Salaries and Wages	1,453	5	5
" Ditto ditto ditto to the Parish of St. Margaret's, Westminster	7	2	0	" Medicines and Surgical Instruments	147	19	5
" Ditto ditto ditto to the Kent County Asylum	47	4	0	" Incidentals	52	7	6
" Ditto sale of Stores and returned Packages, &c.	2,094	17	0				5,155
" Ditto from the City of London for ordinary repairs, &c., of the Asylum, under Act 16 & 17 Vic., c. 97, s. 38	52	8	3				19
" Balance due to Treasurer	331	17	3				6
	3,008	14	3				331
	£5,487	16	9				17
							3
							£5,487
							16
							9

Examined—

SAMUEL WILSON, *Chairman.*
 JAS. ABBISS.
 JAS. CLARKE LAWRENCE.
 ROBERT BESLEY.

A detailed Statement of Payments, made up to December
31st, 1866.

PROVISIONS.					£	s.	d.	£	s.	d.
Meat	477	3	6		
Flour	201	0	3		
Groceries	446	11	1		
Milk	48	6	3		
Beer and Porter	162	9	10		
Potatoes	19	17	6		
Other Vegetables	4	11	4		
Farm	46	15	10		
						<hr/>			1,406	15 7
HOUSE AND OTHER EXPENSES.										
Wood	12	8	6		
Coals	315	17	6		
Coke and Gas	102	3	0		
Brooms, Brushes, &c.	33	15	3		
Earthenware	1	16	6		
Bedding, Furniture, &c.	382	16	8		
Printing, Postages, and Stationery	72	11	9		
Carriage of Goods	13	10	9		
Retaking Patients	1	13	6		
Removal of Patients	16	0	8		
Patients on Trial	3	10	0		
Funeral expenses	11	16	6		
Periodicals, Books, &c.	29	6	10		
						<hr/>			997	7 5
SALARIES AND WAGES.										
Officers	666	10	6		
Attendants and Servants	786	14	11		
						<hr/>			1,453	5 5
Clothing				1,098	4 2
MEDICINES, &c.										
Drugs	75	2	11		
Surgical Instruments	39	17	6		
Wine and Spirits	32	19	0		
						<hr/>			147	19 5
Incidentals				52	7 6
						<hr/>			5,155	19 6
REPAIRS &c.										
Labour	136	9	11		
Timber	94	2	3		
Iron, &c.	48	2	11		
Bricks, Cement, Paint, &c.	17	9	8		
Covering Cylinders of Engine	20	0	0		
Locks	8	2	0		
Sundries	7	10	6		
						<hr/>			331	17 3
						<hr/>			£5,487	16 9

Examined— SAMUEL WILSON, *Chairman*.
JAS. ABBISS.
JAS. CLARKE LAWRENCE.
ROBERT BESLEY.

INCOME and EXPENDITURE from the

INCOME,

Date	Heads of Income.	Quarters ending			Year ending 31st Dec.	Total.
		30th June.	30th Sept.	31st Dec.		
1866, Dec. 31st.		From Weekly Rate.				
		£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
	From the City of London :					
	To Cash rec. for Maintenance	253 4 0	327 4 0	580 8 0	
	Ditto due ditto	343 10 0	343 10 0	
	Total	253 4 0	327 4 0	343 10 0	923 18 0	923 18 0
	From the City of London Union:					
	To Cash rec. for Maintenance	133 18 0	384 9 0	518 7 0	
	Ditto due ditto	414 8 0	414 8 0	
	Total	133 18 0	384 9 0	414 8 0	932 15 0	932 15 0
	From the East London Union:					
	To Cash rec. for Maintenance .	248 16 0	559 10 0	808 6 0	
	Ditto due ditto	609 14 0	609 14 0	
	Total	248 16 0	559 10 0	609 14 0	1,418 0 0	1,418 0 0
	From the West London Union:					
	To Cash rec. for Maintenance .	4 4 0	129 6 0	133 10 0	
	Ditto due ditto	186 4 0	186 4 0	
	Total	4 4 0	129 6 0	186 4 0	319 14 0	319 14 0
	From the Parish of St. Mar- garet's, Westminster:					
	To Cash rec. for Maintenance	7 2 0	7 2 0	
Ditto due ditto	9 4 0	9 4 0		
Total	7 2 0	9 4 0	16 6 0	16 6 0	
From the Parish of St. Pancras:						
To Cash rec. for Maintenance		
Ditto due ditto	4 18 0	4 18 0		
Total	4 18 0	4 18 0	4 18 0	
From Kent County Asylum:						
To Cash rec. for Maintenance	47 4 0	47 4 0		
Ditto due ditto	476 9 0	476 9 0		
Total	47 4 0	476 9 0	523 13 0	523 13 0	
Total Income from Weekly Rate,		640 2 0	1,454 15 0	2,044 7 0	4,139 4 0	4,139 4 0
		From the City of London.				
To Cash received for ordinary re- pairs of the Asylum, under the Act 16 and 17 Vic., cap. 97, s. 38	331 17 3		
Ditto due ditto	60 9 7		
					392 6 10	
Total Income		640 2 0	1,454 15 0	2,044 7 0	392 6 10	
						4,531 10 10
	Balance due to Treasurer					2,921 1 3
						£ 7,452 12 1

16th April to the 31st December, 1866.

EXPENDITURE.

Date.	Heads of Expenditure.														Total.		
1866, Dec. 31st.	By Cash paid for Provisions ,, Ditto due ditto ,, Cash paid for House and other Expenses ,, Ditto due ditto ,, Cash paid for Clothing ,, Ditto due ditto ,, Cash paid for Salaries and Wages.. ,, Cash paid for Medicines and Surgical Instruments .. ,, Ditto due ditto ,, Incidentals 																

Examined—
SAMUEL WILSON, *Chairman*.
JAS. ABBISS.
JAS. CLARKE LAWRENCE.
ROBERT BESLEY.

REPORT

OF

THE RESIDENT PHYSICIAN AND MEDICAL SUPERINTENDENT.

The Medical Superintendent has the honor to submit to the Committee of Visitors his first Annual Report.

The Asylum was opened for the reception of patients, on the 16th of April, 1866 ; the officers, attendants, and domestic servants having been in residence a week previous, assisting in the completion of the internal arrangements of the building.

The lunatics chargeable to the funds of the Corporation in number 34, viz. : 15 males and 19 females, were first brought down from the different licensed houses in and near London, where they had till then resided ; afterwards the patients belonging to Unions within the City of London were conveyed here, and when all had been transferred the numbers amounted to 153, of whom 60 were males and 93 females. Subsequently 40 male patients chargeable to the county of Kent were admitted, under a contract approved by the Secretary of State, and acute cases have continued to be received from the City Unions.

The admissions have amounted in all to 220—112 males and 108 females ; of these 3 males and 2 females have been discharged ; 2 males and 1 female have died ; 1 female is absent on trial ; and 107 males and 104 females remain under treatment in the Asylum.

The mortality, as seen by the preceding paragraph, has been small, a matter of congratulation, as many of those admitted were

old and enfeebled persons. But little sickness has prevailed ; during the summer months, however, a few cases of dysentery occurred on the female side of the building, and, unfortunately, the night attendant, Mrs. Esther Kearney, succumbed to a severe attack of that disease, which terminated fatally on the 21st of August ; in her the Asylum lost a valuable servant, and the patients a truly kind attendant.

An inquest was holden on the body of one patient, H. W. who committed suicide by cutting his throat with a razor. The circumstances of the case are briefly these ; the deceased was admitted labouring under melancholia, with a strong suicidal tendency, he having already made several attempts upon his life. He was placed in the infirmary and kept under close observation ; in the course of a few weeks he improved visibly, became comparatively cheerful, was generally employed in assisting the attendants in their ward duties, and proved a most useful aid ; on the morning of the 29th of June he was engaged in cleaning out the Head-Attendant's room, the door of which was wide open ; two attendants were in the ward with which the room communicated, who visited him from time to time when the duties of the Head-Attendant necessitated his temporary absence from the spot ; in spite, however, of these precautions he took advantage of a few moments interval between the attendants' visits to break open a small box in which happened to be a razor, not always kept there, with which he immediately cut his throat, dividing the large vessels on the left side ; death was of course instantaneous. The jury returned a verdict that "Deceased committed suicide by cutting his throat with a razor, at the time being a lunatic in the asylum."

No other accident has occurred ; there have been several attempts at escape, but in every instance the patient has been retaken and brought back within a very short space of time.

Divine service has been performed by the Chaplain twice every Sunday, the number of patients usually present being ninety-five. Morning prayers are also read in the chapel daily, at which the average attendance has been sixty. A few of the more convalescent patients have also occasionally been present, with their attendants, at the afternoon service at Stone Church.

The garden and workshops furnish ample employment to the more industrious of the male patients ; about twelve usually work with the gardeners, six are employed in shoemaking, three in tailoring, and four in the carpenters' shop ; in addition to these, many others are employed in various domestic duties about the building and in assisting the attendants in wards. Needlework chiefly engrosses the attention of the female patients, the whole of the repairs being executed, and the greater portion of the female clothing made, in the wards. The work of the laundry, the kitchen, and the officers' apartments is also performed by the patients, under the supervision of the attendants and domestic servants.

Both male and female patients are frequently in the habit of walking in the country with the attendants, and on no occasion has any attempt been made to take advantage of the privilege granted them ; this indulgence is much appreciated, and leads visibly to improve the physical and mental condition of those capable of enjoying it.

The evening amusements have consisted of an occasional concert given by the officers and attendants, and latterly, of a ball held weekly in the Dining Hall. On Christmas Eve, a mixed entertainment of music and dancing was given, the hall having been tastefully decorated with evergreens and artificial flowers for the occasion ; refreshment, consisting of plum cake and spiced ale, was distributed, to the evident gratification of the patients.

Owing to the sinking of wells in the immediate neighbourhood

of the Asylum, and possibly, to other unascertained causes, the supply of water has lately been gradually diminishing, but not to an extent to cause actual inconvenience ; the operations ordered by the Committee for the purpose of securing a permanently adequate supply are now in progress, and, when completed, will, it is believed, remove all cause for anxiety in this respect.

The Asylum was visited on the 6th of November by two of the Commissioners in Lunacy. In the copy of their report, appended, it will be seen they express their satisfaction at the condition in which they found the building and its inmates ; the suggestions made by them for further improvements have received the attention of the Committee, and some of them have been already carried out.

The conduct of the attendants and servants has, on the whole, been exceedingly satisfactory, and but few changes have taken place.

In conclusion, the Medical Superintendent ventures to express a hope that he may continue to enjoy the confidence of the Committee of Visitors, the possession of which has encouraged him greatly during the past year, and enabled him to contend successfully with the anxieties and difficulties inseparable from the opening of a new institution.

OCTAVIUS JEPSON, M.D.

December 31st, 1866.

STATISTICAL TABLES.

TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Asylum to the present date Dec. 31st, 1866.

							Male.	Female.	Total.
Persons admitted during the year 1866							112	108	220
Re-admissions
Total of cases admitted							112	108	220
							Male.	Female	Total.
Discharged or removed
Recovered							1	1	2
Relieved							1	1	2
Not improved							1	..	1
Died							2	1	3
Total discharged or died during the year ...							5	3	8
Remaining in the Asylum on the 31st Dec., 1866, (inclusive of one female absent on trial) ...							107	105	212

TABLE II.

Form of Insanity in Patients admitted during 1866.

									Male.	Female.	Total.
Mania	44	40	84
„ with epilepsy	7	4	11
„ „ delusions	1	1	2
„ „ general paralysis	1	...	1
„ Suicidal	1	1	2
Dementia	6	9	15
Imbecility	18	12	30
„ with epilepsy	10	10	20
„ „ general paralysis	7	2	9
Melancholia	9	16	25
„ with epilepsy	2	2
Delusional insanity	8	10	18
Idiocy	1	1
Total									112	108	220

TABLE III.

Previous Occupations of Patients, admitted during 1866.

MEN.

Chemist	1	Corkcutter	1
Porter	8	Fishmonger	1
Picture Frame Maker	1	Hatter	1
Commission Agent	1	Carpenter	4
Perfumer	1	Gardener	2
Unknown	13	Confectioner	1
Tailor	3	Cooper	1
Bootmaker	13	Bricklayer	1
Sailor	1	Waterman	1
Soldier	3	Compositor	1
Policeman	1	Waiter	1
Glass Cutter	1	Grocer	2
Hawker	3	Joiner	2
Clerk	4	Surgeon	1
Laborer	17	Smith	2
Rabbi	1	Iron Moulder	1
General Dealer	1	Licensed Victualler	1
Beggar	1	Butcher	3
Upholsterer	1	Jeweller	1
Map Colorer	1	Errand Boy	1
Tobaceonist	1	Weaver	1
Furrier	1	Writer	1
Engraver	1	Dust Collector	1
Shopman	1						
						Total	112

WOMEN.

Servant	30	Embossor	1
Charwoman	6	Bookinder	3
Unknown	28	Stallkeeper	1
Sempstress	18	Laundress	2
Dealer in old clothes	1	Nurse	1
Governess	2	Housewife	3
Hawker	2	Envelope Maker	1
Shoemaker	2	Fancy Box Maker	1
No Occupation	6						
						Total	108

TABLE IV.

Supposed age of Patients admitted during the year 1866.

								Male.	Female.	Total.
Between 10 and 15	1	1	1
„ 15 „ 20	1	1	2
„ 20 „ 25	9	5	14
„ 25 „ 30	17	7	24
„ 30 „ 35	13	11	24
„ 35 „ 40	18	21	39
„ 40 „ 45	13	6	19
„ 45 „ 50	13	12	25
„ 50 „ 55	11	12	23
„ 55 „ 60	5	8	13
„ 60 „ 65	1	6	7
„ 65 „ 70	5	2	7
„ 70 „ 75	7	7
„ 75 „ 80	1	1	2
Unknown	5	8	13
Total	112	108	220

TABLE V.

Social state of Patients admitted during 1866.

								Male.	Female.	Total.
Married	38	21	59
Single	62	61	123
Widowed	4	19	23
Unknown	8	7	15
Total	112	108	220

TABLE VI.

Religion of Patients admitted during 1866.

								Male.	Female.	Total.
Church of England	65	66	131
Roman Catholic	14	11	31
Hebrew	10	1	11
Dissenter	3	1	4
Presbyterian	2	...	2
Wesleyan	1	1	2
Independent	1	...	1
Baptist	1	1
Calvinistic Wesleyan	1	1
Unknown	16	20	36
Total	112	108	220

OCTAVIUS JEPSON, M.D.

DIETARY SCALE.

Days of the Week.	BREAKFAST.				DINNER.												SUPPER.																		
	MALES.		FEMALES.		MALES.						FEMALES.						MALES.		FEMALES.																
	Cocoa.	Bread.	Butter.	Cocoa.	Bread.	Pts.	Oz.	Uncooked Meat with- out Bone.	Potatoes.	Bread.	Beer.	Soup.	Pie.	Suet Pud- ding with Treacle.	Bread.	Pts.	Oz.	Uncooked Meat with- out Bone.	Potatoes.	Bread.	Beer.	Soup.	Pie.	Suet Pud- ding with Treacle.	Bread.	Oz.	Cheese.	Pts.	Beer.	Oz.	Bread.	Butter.	Pts.	Tea.	
	Pts.	Oz.	Oz.	Pts.	Oz.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	
Sunday ...	1	6	1	1	4	...	7	12	12	4	1
Monday ...	1	6	$\frac{1}{2}$	1	4	...	7	12	12	4	$\frac{1}{2}$
Tuesday ...	1	6	$\frac{1}{2}$	1	5	...	7	6	$\frac{1}{2}$	$1\frac{1}{2}$
Wednesday	1	6	$\frac{1}{2}$	1	5	8	7	12	12	4	$\frac{1}{2}$
Thursday	1	6	$\frac{1}{2}$	1	5	12	3	8	8	4	$\frac{1}{2}$...	10
Friday.....	1	6	$\frac{1}{2}$	1	5	12	7	12	12	4	$\frac{1}{2}$
Saturday...	1	6	$\frac{1}{2}$	1	5	4	$\frac{1}{2}$	12
	7	42	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$	34	56	56	30	$3\frac{1}{2}$	$1\frac{1}{2}$	10	12	42	14	$3\frac{1}{2}$	35	$3\frac{1}{2}$	7															

THE EXTRA DIET AS PER SUMMARIES OF SICK LISTS.

THE DIET OF ATTENDANTS AND SERVANTS DAILY, MALE ATTENDANTS.—Meat, uncooked, 1lb. FEMALE ATTENDANTS, ditto, $\frac{3}{4}$ lb. Vegetables, 1 lb. Bread, 1 lb. Beer, 2 pints. WEEKLY.—Butter, $\frac{1}{2}$ lb. Cheese, 1 lb. Sugar, $\frac{3}{4}$ lb. Tea, 3 oz. each. NIGHT ATTENDANTS 1 lb. of Coffee each per week in addition.

COCOA FOR 10 PATIENTS, 5 oz. Cocoa; 10 oz. Treacle; $2\frac{1}{2}$ pints of Milk.

TEA ditto $1\frac{1}{2}$ oz. Tea; $6\frac{1}{2}$ oz. Sugar; $1\frac{1}{2}$ ditto.

SOUP, the liquor of the cooked Meat, Bones, &c., with Meat, Oatmeal, Rice, Potatoes, Turnips, and Salt and Pepper added.

MEAT PIES, 10 oz. to each Male and Female Patient.

SUET DUMPLINGS with treacle sauce, to be varied by Currant Dumplings and Fruit Pies in the season.

At 11 a.m. and 4 p.m. 2 oz. Bread, 1 oz. Cheese, $\frac{1}{2}$ pint of Beer, to the Patients who are employed in field-work and Laundry.

TOBACCO AND SNUFF given as indulgences to the Patients who are employed in Field-work, &c., and to other Patients by order of the Medical Superintendent.

CITY OF LONDON LUNATIC ASYLUM.

Establishment, 31st December, 1866.

OFFICERS.				Per Ann.		
1	*Medical Superintendent	£400	0	0
1	Chaplain	200	0	0
1	†Assistant Medical Officer	100	0	0
1	†Clerk and Steward	130	0	0
1	†Housekeeper	50	0	0
<hr/> 5				£880	0	0
<hr/>				<hr/>		

SERVANTS—MALES.

1	‡Head Attendant	@	£50	0	0	per ann.	50	0	0
6	‡1st Class Attendants	@	27	0	0	„ each	162	0	0
3	‡2nd ditto ditto	@	22	0	0	„ „	66	0	0
1	‡Night ditto	@	30	0	0	„	30	0	0
1	‡Tailor	@	30	0	0	„	30	0	0
1	‡Upholsterer	@	30	0	0	„	30	0	0
1	‡House Porter	@	30	0	0	„	30	0	0
1	§Engineer	@	2	2	0	per week	109	4	0
1	Carpenter	@	1	10	0	„	78	0	0
1	Shoemaker	@	1	5	0	„	65	0	0
1	Baker	@	1	5	0	„	65	0	0
1	Gardener	@	1	5	0	„	65	0	0
1	Assistant to Engineer	@	1	5	0	„	65	0	0
1	Store Porter	@	1	1	0	„	54	12	0
2	Labourers	@	0	18	0	„ each	93	12	0
1	Bricklayer engaged when required								
<hr/> 24								£993	8 0
<hr/>								<hr/>	

* With house, coals, gas and washing.

† With board, lodging and washing.

‡ With board, lodging, washing and uniform.

§ With use of lodge, coals and gas.

SERVANTS—FEMALES.

1 ‡Head Attendant	@	30	0	0	per ann.	30	0	0
5 ‡1st Class Attendants	@	18	0	0	„ each	90	0	0
4 ‡2nd „ „	@	15	0	0	„ „	60	0	0
1 ‡Night „	@	20	0	0	„ „	20	0	0
1 ‡Head Laundress	@	20	0	0	„ „	20	0	0
3 ‡Under „	@	15	0	0	„ „	45	0	0
1 †Cook	@	25	0	0	„ „	25	0	0
1 †Housemaid	@	14	0	0	„ „	14	0	0
1 †Kitchenmaid	@	12	0	0	„ „	12	0	0
1 †Scullerymaid	@	10	0	0	„ „	10	0	0
<hr/>						326	0	0
19						993	8	0
24						880	0	0
5						<hr/>		
48						£2,199	8	0
<hr/>						<hr/>		

† With board, lodging and washing.

‡ With board, lodging, washing and uniform.

STEWARD'S RETURNS.

A Return of Clothing issued from 9th April to 31st
December, 1866.

MEN'S.		WOMEN'S.	
142	Jackets	272	Print Gowns
157	Waistcoats	50	Winsey ditto
233	Trousers	38	Gambroon ditto
6	Locked Coats	26	Strong ditto
1	Tied Waistcoat	360	Shifts
9	Canvas Coats	162	Ditto Flannel
12	Ditto Waistcoats	153	Petticoats Flannel
12	Ditto Trousers	154	Ditto Linsey
12	Ticken Frocks	6	Shawls
437	Shirts	100	Ditto Linsey
102	Ditto Flannel	30	Cloaks ditto
89	Drawers „	200	Bedgowns
298	Neckerchiefs	200	Night Caps
220	Pocket handkerchiefs	200	Day Caps
180	Pairs Braces	370	Aprons and Pinafores
228	Day Caps	48	Neckerchiefs
202	Pairs Boots and Shoes	167	Pocket handkerchiefs
307	Pairs Stockings	210	Bonnets and Hoods
		98	Pairs Jean Stays
		300	„ Stockings
		203	„ Boots and Shoes
		9	Waterproof Aprons

A Return of Bedding issued from the Stores for the year
ending 31st December, 1866.

			MALES.		FEMALES.
Blankets	464	...	441
Counterpanes	132	...	137
Strong Rugs	14	...	20
Sheets	330	...	522
Pillow Cases	247	...	275
Macintosh Sheets	20	...	18
Feather Pillows	15	...	20
Hand Towels	174	...	202
Round ditto	55	...	48

A Return of Clothing, &c., made up by the Female Patients.

Aprons	130	Leather Boots Bound ...	45
Chemises	66	Blankets hemmed ...	200
Dresses	90	Towels	270
Drawers	45	Dusters	120
Shirts	63	Table Cloths	32
Hoods	6	Pillow Cases	8
Bonnets Trimmed ...	12	Pudding Cloths ...	31
Petticoats	35	Clothes Bags	4

REPAIRS.

Chemises	44	Gowns'	50
Shirts	140	Stockings	800

Sundry articles ... 250.

An Account of Work done in the Tailor's shop.

NEW WORK.

Jackets	1	Trousers	44
Waistcoat	1	Day Caps	12

Strong Rugs ... 12

REPAIRS.

Jackets	109	Trousers	201
Waistcoats	120	Ditto Canvas	3

Ticken Frocks ... 13

An Account of Work done in the Shoemaker's Shop.

NEW WORK.

Leather Boots	89	Cloth Boots	2
„ Shoes	103	Canvas ditto	6
Binding Strong Rugs				12	

REPAIRS.

Leather Boots	69	Shoes	191
Cloth ditto	56	Panel of Padded Room	1

R. R. DWELLY,

Clerk and Steward.

Consumption of Provisions from 16th Apr. to 31st Dec., 1866.

Number of Officers and Servants	36
„ Male Patients	107
„ Female Patients	104
	Total	...	<hr/> 247 <hr/>
Meat, Bacon	1,766 $\frac{3}{4}$ lbs.
„ Beef and Mutton	25,698 lbs.
Beer	7,669 $\frac{3}{4}$ gals.
Bread	48,811 lbs.
Butter	2,498 $\frac{1}{2}$ lbs.
Cheese	5,151 $\frac{1}{2}$ lbs.
Cocoa	1,220 lbs.
Coffee	82 $\frac{1}{2}$ lbs.
Eggs	3,303 No.
Flour	36,540 lbs.
Potatoes	453 bush.
Oatmeal	136 lbs.
Sugar	2,490 lbs.
Tea	550 $\frac{1}{4}$ lbs.
Treacle	2,678 lbs.
Milk	1,466 $\frac{3}{4}$ gals.
Porter	4,019 pints
Wine	152 $\frac{5}{12}$ btls.
Brandy	158 $\frac{7}{12}$ „
Tobacco	172 $\frac{1}{2}$ lbs.
Snuff	14 $\frac{1}{2}$ lbs.

R. R. DWELLY,

Clerk and Steward.

